



31st LONG RIDE

336km

Touring Around Okinawa Island Course (2-day/1-night trip)

In day one, they will tour along the roads in the mountainous region called Yanbaru where they experience many hill climbs while taking in the beautiful lush forests; on the second day, the riders move to the southern part of the island and enjoy riding through the roads that feature series of urban landscapes and resort areas, as well as sceneries of Okinawan country sides.

Date	November 9th (Sat.) 10th (Sun.) (2-day/1-night trip)
Maximum	600 participants.
Eligibility	16 y/o or older, but limited to participants who are able to ride at the average speed of 25km/h (15.5mile/h).
Entry fee	-Accommodation Fee on Saturday is included. 30,000yen -No stay on Saturday 25,000yen

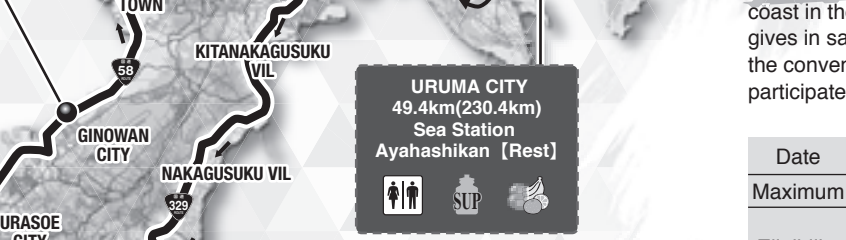
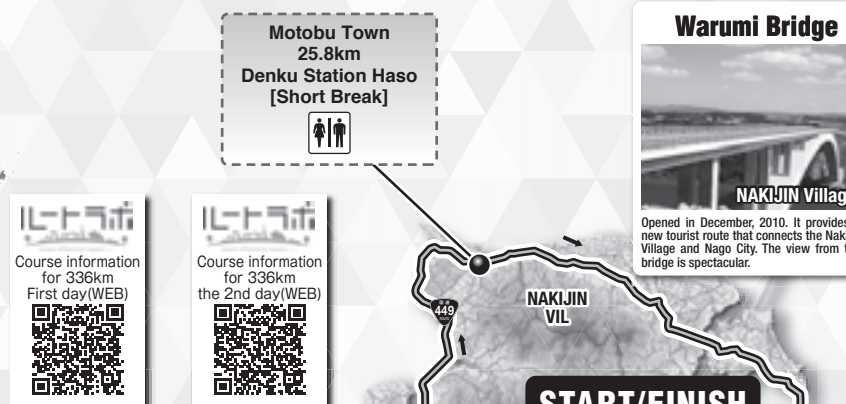
Hotel information (Staying on Saturday, 9th.)

- * The hotel room will be adjusted by the organizer as a basic number of 4 people as a shared room (by gender).
- * If you would like a TWIN ROOM, additional cost for 4,000 yen / 1 person will be charged. For TRIPLE ROOM, additional cost for 2,000 yen / 1 person will be charged. The number of rooms are limited. Please check with the convention secretariat and apply after confirming the number of rooms. (Married couples etc take precedence in the twin room.)
- * Twin rooms and Triple rooms CANNOT be used alone.
- * If you wish to share a room with someone you know, write it down in the remarks column of the application form.
- * Participants can not pick hotels.
- * Not accepted change of accommodation.

twin (Per person)	¥4,000 plus
triple (Per person)	¥2,000 plus

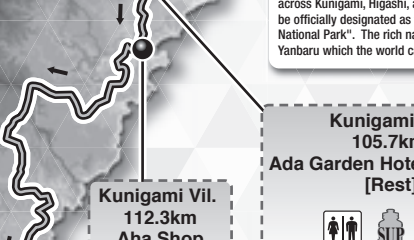
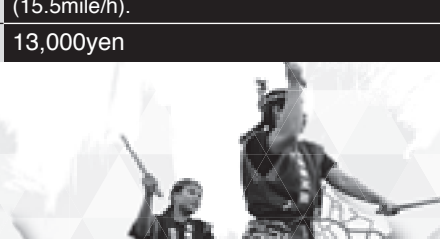
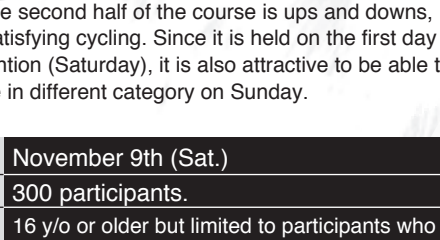
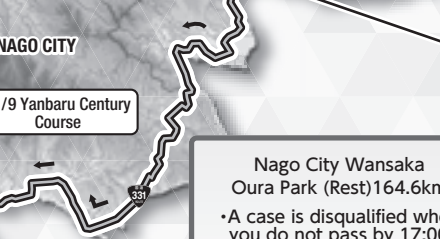
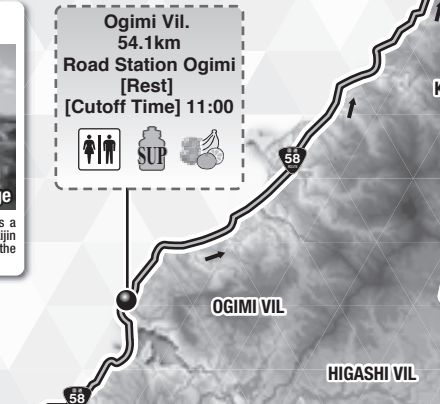
Course Guide

First day	11/9 Yanbaru Century Ride Touring Around Okinawa Island Course The First Day	Sat. Nov. 9 Lunch, Rest, Short Break and Start (Distance from 21st Century Forest Gymnasium.)
The 2nd day	11/10 Touring Around Okinawa Island Course	Sun. Nov. 10 Lunch, Rest, Short Break and Start (Distance from Kise Beach Palace.)



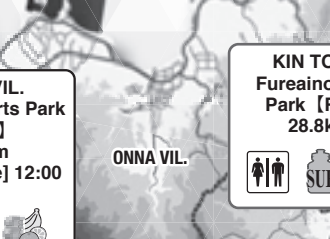
About raising the participation fee

It is due to further strengthening of the rescue system, the response to rising costs of personnel expenses, transportation costs, and articles required for the tournament management and safety measures. We will place a burden on the participants, but we will continue our efforts to maintain safety and security and strive to improve the attractiveness of Tour de Okinawa and the services of the convention. Thank you for your understanding.



11/8 (fri) - Sign-in 11/9 (sat) - Start

Sign-in for any categories can only be accepted the day before.



Saturday Events

Also be able to participate in another event on Sunday as well.



90km

Challenge Cycling Course

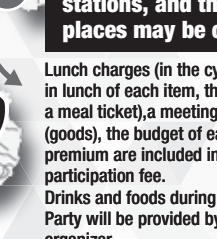
Go south of the east coast line from Nago. Pass through the Ginoza Village municipal baseball stadium which is used for the spring training of Hanshin Tigers. Then through Kin Town, the world's best Taco Rice city. Through Onna Village with scenic ride while looking into the clear ocean.

Date	November 9th (Sat.)	Eligibility	16 y/o or older
Maximum	300 participants	Entry fee	10,000 yen

Course Guide

Challenge Cycling Course

*The details of the courses can be looked up at LatLongLab.



Name of Event: 31st Tour de Okinawa 2019 Date: November 9th (Sat.)-10th (Sun.)
Hosts: NPO Tour de Okinawa Association, Okinawa Northern Region Wide-area Local Public Organizer: Tour de Okinawa Organizing Committee
Supporting Organizations: GOOD CYCLE JAPAN (TBD), Cabinet office (TBD), Ministry of Economy, Trade and Industry (TBD), Ministry of Land, Infrastructure, Transport and Tourism (TBD), Japan Sports Agency (TBD), Japan Cycling Federation, Japan Cycling Association, the JKA Foundation, Other 38 organizations.
special tie-up: Okinawa Times, Ryukyu Broadcasting Corporation, NHK Okinawa broadcasting, Hokubu Okinawa Medical Association

How to Apply for Race/Cycling:

- For applicants 18 y/o or younger, one of the parents/guardians need to sign to prove parental consent.
- For applicants 70 y/o or older, he/she must submit a health certificate along with an application form to the organizing committee.
- Please note that entry fee will not be refunded after the application procedure is completed. Period of Application: August 1st (Thu.) - September 30th (Mon.), 2019 (An entrant limit is set for each category; application will be terminated before the deadline when the entrant limit is filled.)

Acceptance or Rejection of Application:

Tour de Okinawa Organizing Committee has the sole and exclusive right on application decisions. We will send you the tag number exchange certificate for the at the end of October to the event participants.

Awards Stipulation:

The 1st finisher through the 6th finisher of each citizens' road race category will receive awards.
+The 1st finisher through the 3rd finisher of each citizens' road race category will be awarded on the stage at the ceremony, whereas 4th-6th finishers will be awarded at the awarding center set up in a tent (booth) separate from the stage. (Refer to the awards stipulation for Pro Tour, Elite Women, and other categories not mentioned above.)

+All finishers of every road race categories will receive a certificate of completion with the organizer's verification of the finishing time.

+All finishers of each cycling course (non-competitive) will receive a certificate of completion.

- Notes Common to All Categories -

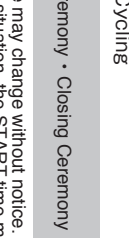
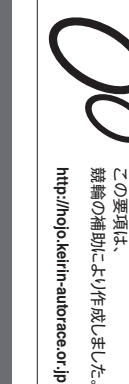
- As it is necessary for the organizing committee to inform all participants of critical locations, precautions, changes compliance rules, etc. at the opening ceremony, be sure to attend the ceremony. The committee may reject riders who failed to learn the necessary information for the safety of him/her self as well as for other riders.
- The application must be completed before the official deadline. No one can participate the race/cycling without being registered.
- Competitors must register to the receptionist on the designated date. (The day before starting time of each category). The competitor would not be able to participate the event without registering.
- Vehicular traffic will be closed for automobiles after 6:00 AM on Nov. 10th (Sun.). Be sure to gather at the starting area at the designated time.
- Although first-aid treatment will be delivered to a participants in need, all the costs for further medical treatment will be charged to the participant. Every participants are responsible for having medical insurance for the race and be sure to carry the insurance card/note.
- When being involved in an accident during the race, he/she must notify the race organizer, or event insurance will not be applied.
- Disobeying race rules will result in disqualification, and the race organizer can not take any responsibility for any consequence that result.
- The organizer will apply accident insurance to the participants.
- Citizen Road Race: 1,000 yen for Hospitalization, up to 5,000,000 yen for death or sequelae.
- Long Ride Cycling: 1,500 yen for doctor's visit, 3,000 yen for hospitalization, up to 5,000,000 yen for death or sequelae.
- If you are not satisfied with this insurance content, please apply for different insurance in yourself.
- Applications without a written signatures on the convention pledge are invalid. (In case of application online, agreement is necessary to complete.)
- Automobiles that belong to participants or spectators must be parked at Nago Fishing Port during the race period (Nov. 9th (Sat.) - 10th (Sun.), 2019).
- As a general rule, riders of the road races of this event must keep to the left side. Use of a cell phone while riding is prohibited.

- Access to Nago City -

- BICYCLE To north the National Highway 58 to Nago City about 67km / 100km to Okuma Beach.
- BUS To "Yanbar Express Bus" From Naha Airport to get off at Nago Shiyakusho-mae (Nago City Hall) then walk 3 min. (¥1,600) (Approximate time required: 1 hr. 50 min)
- *By High Way Bus (Line No.111, No.117) From Naha Airport to get off at Nago Shiyakusho-mae (Nago City Hall) then walk 3 min. (¥2,190) (Approximate travel time: 1 hr. 40 min)
- *By City Bus (Line No.120) Catch Bus No. 120 at Naha Airport and get off at Hokubu-Godochosha-mae then walk 10 min. (¥1,940) (Approximate travel time: 2 hr. 30 min)
- *By Okinawa Airport Shuttle From Naha Airport to get off at Nago Shiyakusho-mae (Nago City Hall) then walk 3 min. (¥1,600) (Approximate travel time: 2 hr.)
- *By City Bus (Line No.20) Catch Bus No. 20 at Naha Bus Terminal and get off at Hokubu-Godochosha-mae then walk 5 min. (¥1,900) (Approximate travel time: 2 hr. 20 min)

*The travel time listed above is approximate. Please use as a guide only. Please note that there may be different from the actual time in the traffic jam and such.

For information about city service, call those bus companies:
Ryukyu Bus (098-852-2530), Okinawa Bus (098-862-6737), Okinawa Bus Association (098-867-2316)
Toyo Bus Naha office (098-947-1070) Highway Bus only
Yanbaru Express Bus https://www.ok-connection.net *Operating Yanbaru Express Bus only.
Okinawa Airport Shuttle https://www.okinawa-shuttle.jp *Operating Okinawa Airport Shuttle only.



2019 Registration Start 8:15

Application 12:00

