

Dear Participants [Race Category]

Thank you very much for your application for the 35th Tour de Okinawa 2023. Please read these instructions carefully and take all possible precautions to ensure your participation.

1. About Bib Number Exchange Voucher (200 km · 50 km) (140 km · 100 km)

After confirming the enclosed bib exchange slip at the time of registration on Friday the 10th and Saturday the 11th, Bibs and Transponder Chips will be distributed. Please be sure to bring the exchange slip with you.
In the unlikely event of loss, a 500 yen reissue fee will be required.

2. Race Entry Confirmation

< 200 km · 50 km >

On the day of the race, the Transponder Chip attached to the bicycle will be automatically detected at the starting point to confirm that the participants have started.

< 140 km · 100 km >

On the day of the event, please drop your "Race Entry Confirmation Form" into the designated box installed at the starting point.

Please return the Transponder Chip after the competition. (If you do not return the chip, you will be charged 5,000 yen.)

3. Tournament Schedule

Tournament Schedule

Date and Time	Contents	Place
<i>November 10 (Fri.)</i>		
13:00~17:00	Registration: Participants Check-in Citizens' Race and Cycling Categories *As for the cycling category, we will only accept applications on November 10.	Nago City Indoor Sports Ground
18:00~20:00	After-hours reception (Pre-registered person only) Citizens' Race and Cycling Categories	
<i>November 11 (Sat.)</i>		
06:00~06:30	Participants Call(start end)	MinatoIchome Crossing
07:00	Start	
)	ゝ Ie Island Family Cycling	
	ゝ Yanbaru Century Ride	
	ゝ Challenge Cycling	
	ゝ Izena Island Cycling	
07:30		
08:00~17:00	Unicycle Event	Nago Civic Hall Parking Lot
09:00~15:00	Registration : Road Race Category	Nago City Indoor Sports Ground
14:00~19:00	Finish : Yanbaru Century Ride Other Goals	Entrance to Nago City 21st Century Forest Gymnasium
17:00~20:00	After-hours reception (Pre-registered person only)	
<i>November 12 (Sun.)</i>		
06:00~06:35	Participants Call(start end)	In front of 21st Century Forest Gymnasium
06:45	Start Men's Champion Race 200km	In front of Nago City Indoor Sports Ground
07:00	ゝ Citizen road race 50km Forty(40s)	ゝ
07:07	ゝ 中学生 50km	ゝ
07:10	ゝ Citizen road race 50km Open	ゝ
07:23	ゝ Citizen road race 200km	ゝ
07:28	ゝ Citizen road race 50km Fifty(50s)	ゝ
07:34	ゝ Citizen road race 50km Over 60	ゝ
07:37	ゝ Women's Citizen Road Race 50km	ゝ
07:40	ゝ Challenge Race 50km Fifty(50s)	ゝ
07:42	ゝ Challenge Race 50km Forty(40s)	ゝ
07:44	ゝ Challenge Race 50km Open	ゝ
08:14~09:33	Finish 50 km Series Race Sequential Goal	In front of Nago City Municipal Garden Stadium intersection
10:00~	【50km Series Award Ceremony】	
09:00~12:00	Three-wheel race	Nago City Indoor Sports Ground
about 09:05	Start Elementary School Race 10km	Nago City Central Civic Center Parking Lot
09:22~09:30	ゝ Citizen road race 140km Open	Nakao Check Point (Nago City)
09:40~10:14	ゝ Citizen road race 140km Masters	Kunigami Village Roadside Station
	ゝ Women's International Road Race	ゝ
	ゝ Citizens' Race 100km (open)	Oku-Yambaru no Sato Resort
	ゝ Citizens' Race 100km (Masters)	ゝ
11:30~14:30	finish Men's Champion Race 200km	In front of Nago City Indoor Sports Ground
	All races finish in sequence.	ゝ
14:30	finish Last-place finishers in the race system	ゝ

*Start times are subject to change for certain reasons.

4. Registration No registration can be made on the day of the start.

Date	Registration Time	Subjects
November 10 (Fri.)	13:00~17:00	All events
November 10 (Fri.)	18:00~20:00	After-hours reception (pre-registrants only)
November 11 (Sat.)	09:00~15:00	Each race category (Sunday start events)
November 11 (Sat.)	17:00~20:00	After-hours reception (for pre-registrants only)

5. Notes and Requests

- ※ Please be sure to carry your health insurance card or pocketbook. (Photocopies are also acceptable)
- ※ To avoid congestion, please attach a "Baggage Deposit Card" to your baggage in advance and leave it at the baggage deposit area.
- ※ For participants from outside Okinawa, please refer to the regulations of each airline company as the capacity of portable cylinders for fire puncture repair is restricted by the Civil Aeronautics Act.

6. Access to the venue "Nago City Indoor Sports Ground"

- ▼ Bicycle From Naha, take Route 58 north to Nago, approx. 67 km (approx. 70 km from the airport)
- ▼ Bus
 - Yanbaru Express Bus
From Naha Airport: get off at "Nago City Hall" bus stop. Fee: 1,600 yen Travel time: approx. 1 hr. 50 min.
 - Highway Bus (No. 111)
From Naha Airport: get off at "Nago City Hall" bus stop.
· Both Okinawa Bus and Ryukyu Bus: (2,230 yen) Travel time: approx. 1 hr. 40 min.
 - Nago West - Airport Line (No. 120)
From Naha Airport: 5 min. walk from "Hokubu-godo-chosha-mae" bus stop.
· Both Okinawa Bus and Ryukyu Bus: (1,980 yen). Travel time: approx. 2 hr. 30 min.
 - Nago West Line (No. 20)
From Naha Bus Terminal: get off at "Hokubu-godo-chosha-mae" and walk 5 minutes.
· Both Okinawa Bus and Ryukyu Bus: (1,880 yen). Travel time: approx. 2 hr. 20 min.

[attention]

Depending on the amount of baggage carried by passengers, it may not be possible to board the bus. It is recommended that wheeled bags and other luggage be couriered to your lodging in advance.

▼ Automobile

- Naha Airport Expressway from Naha Airport
Tomigusuku / Nakachi I.C., ~ Kyoda I.C. ~ Nago (Fishing Port) the time required : About 1 hour and 20 minutes (about 80 km)
- From Naha Airport, take Route 58 north to Nago.
the time required : About 2 hours (about 70 km)

- ▼ Walking Nago Fishing Port (parking lot) → Registration site "Nago City Indoor Sports Ground" (approx. 750m)

7. How to get to Kunigami Village (Hentona) < 140 km · 100 km event >

▼ Cab

From Nago to Okuma Resort in Kunigami Village (approx. 30.5 km)
 Fee 6,000-8,000 yen Duration: about 45 minutes
 Marukinkotsu (0980) 52-5555 Nagokyodomusen (0980) 52-3333 Private Taxi Nago Radio Department (0980) 53-3333

▼ Shuttle bus

November 11 (Sat)

Shuttle bus service is available between Nago Civic Hall and Kunigami Village (each lodging).

For more information on operating hours, Appendic 2 Please refer to the shuttle bus operation timetable.

November 12 (Sun) <100km>

Buses and bicycle transportation trucks will be available from Okuma Resort in Kunigami Village to the starting point "Oku Kyodo-baiten". Please refrain from traveling by car and use the bus for transportation. (Advance reservations are not required.)

There will be no shuttle bus service from Nago to the start point in Kunigami Village on race day. There will also be no shuttle bus service after the finish line, so please make your own way.

▼ For Passenger Cars and Rental Cars

<All the 140km and 100km events>

For cars, please use the [free] parking lot at Kuiuna Eco-Sporec Park (Kaigin Field Kunigami).

*If the parking lot is full, please use the second parking lot, Hama Ground. (about 800m)

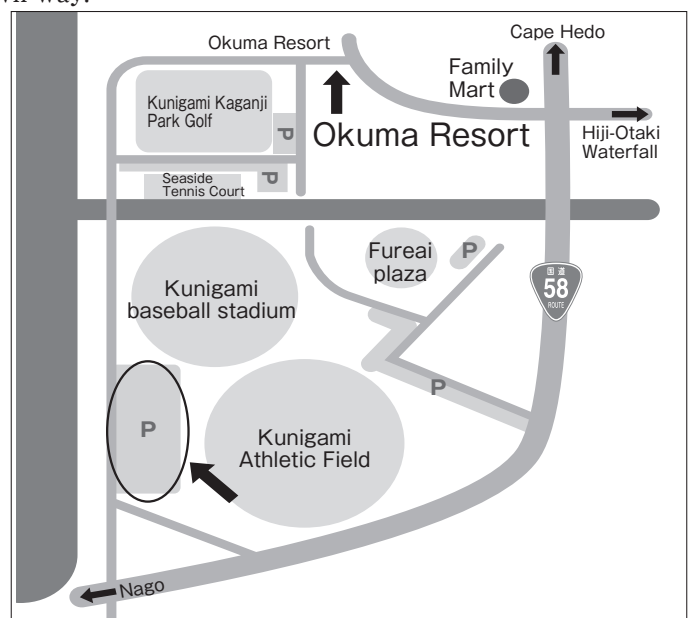
<140 km event>

Approximately 1.0 km from the parking lot to the starting point "Yui Yui Kunigmi" Roadside Station.

<100km event>

Buses and bicycle transportation trucks will be operated from Okuma Resort in Kunigami Village to the starting point "Oku Kyodobaiten-mae".

Please load your bicycles and board the bus by 6:20 a.m. About 1.0 km from Kunigami Village Athletic Field to "Okuma Resort"



Citizen's Cycle Sports Competition Race Category Competition Rules

This event will be conducted in accordance with the JCF (Japan Cycling Federation) rules and the special rules of this event. Please note that the course will be divided into two sections, and those who fail to pass through the section within the specified time will be disqualified.

1. Rights and Obligations of Athletes

- ◆The competitor shall abide by the rules and regulations of the event, its administration and management, and the traffic rules.
- ◆The participants shall be responsible for any accidents that may occur during the race.
- ◆Competitors must participate with a bicycle that has been fully maintained.
- ◆Competitors may lend or exchange food, beverages, tools and accessories.
- ◆Competitors may receive wheels by a neutral car (equipment vehicles and equipment motorcycle) provided by the organizer.
- ◆At all times, maintain a sportsmanlike manner in speech and behavior.

2. Beverage supply

- ◆Official competition beverages will only be provided at the locations listed in the following table during the competition.

Place	Citizens' Race 200km	Citizens' Race 140km	Citizen's Race 100km Series	Citizen's Race 50km Series
Fukugawa dam (1st)	○ (83km point)	—	—	—
Fukugawa dam (2nd)	○ (136km point)	○ (70km point)	○ (33km point)	—
Gesashi	○ (174Km point)	○ (109km point)	○ (65km point)	—

- ◆The organizer will provide water and sports drinks in the dedicated bottle at the above-mentioned supply stations.

(Clear bottle: water Sports drink: Aquarius)

- ◆Competitors must dispose of bottles only in designated areas (dispose zone, GREEN ZONE). Littering any other trash on the course is strictly prohibited and may result in disqualification or demotion.

3. Neutral car

- ◆TNeutral Service (supply of spare wheels) can be received by neutral cars (equipment vehicle and equipment motorcycles) prepared by the organizer. The spare wheels will be Shimano branded.

- ◆Competitors are responsible for replacing wheels themselves.

4. Abstentions and Disqualifications

- ◆Violators of the competition rules will be disqualified.
- ◆Pushing another competitor is prohibited under any circumstances, and the offending competitor will be disqualified.
- ◆A competitor who abandons the competition must return his/her bib to the commissaire (judge).
- ◆Competitors who fail to pass the checkpoint within the time limit will, in principle, be disqualified.
- ◆Competitors who are disqualified must follow the instructions of the judges, leave the course, and return their numbers and Transponder chips.
- ◆All disqualified competitors and their bicycles will be transported to the race headquarters by the vehicles provided by the organizers. The bicycles must be picked up at the "Bicycle Drop-off Point" located at the race headquarters (see [Appendix 1](#): Map of the venue and surroundings, Detail (B)).
- ◆The location of the bike checkpoints will be as follows.

Municipalities	Check Point	Time limit	Citizens' Race 200km	Citizens' Race 140km	Citizens' Race 100 km series	Citizens' Race 50km series
Motobu Town	Ryugujo Butterfly Garden-mae	8:30	○	—	—	○
Nakijin Village	Amasoko Oppaen, Nakijin Village-mae	9:05	○	—	—	○
Nago City	Entrance to Nakao	9:20	○	—	—	○
Ogimi Village	Ogimi Village Hall-mae	9:20	○	—	—	—
Kunigami Village	Fukugawa-mae (1st)	10:20	○	○	—	—
Kunigami Village	Oku Kyodoubaiten-mae	10:45	○	○	—	—
Kunigami Village	Yona Checkpoint (2nd)	11:30	○	○	○	—
Kunigami Village	Fukugawa (2nd)	12:00	○	○	○	—
Higashi village	Miyagi seedling center-mae	12:50	○	○	○	—
Nago City	Abu	13:25	○	○	○	—
Nago City	Bankui	13:50	○	○	○	—

5. Handling of helmets, wheels and handlebars, and clothing

- ◆Competitors must wear a helmet approved by the Japan Cycling Federation.
- ◆Competitors must use a road racer (fully maintained at their own risk) that complies with the rules of the Japan Cycling Federation.

Note: Drop handlebars only. No additional attachments are allowed. Brakes that do not work properly, tires with different inch sizes (front and rear), and disc wheels are not permitted.

6. Running, muster and start

◆The call to arms will be held in front of the Nago City 21st Century Forest Gymnasium 30 minutes prior to the start time of each event. (See [Appendic1](#) : Detail of the map of the area around the venue (C))

◆Competitors who have assembled at the muster station shall follow the instructions and move to the start line.

◆The starting position shall be the first 50 competitors in each event, and the first 50 competitors in each event shall be seeded, and they shall line up in the first row from the first number in each event, from right to left in the forward direction, in order of youngest to oldest.

7. Fitting of numbers, helmet number, car number, and electronic judge (Transponder chip)

◆If it is impossible to determine the position due to poor fitting of numbers, helmet numbers or bicycle, a penalty will be imposed. In this case, no objection will be accepted.

◆Car number must be attached to the front of the frame or seat post. Helmet numbers shall be one on the front and two on the side.

◆The Matrix automatic measuring device will be used, so the competitors must put the Transponder chip on the front fork of the bicycle at the designated place. The chip must be returned after the finish.

(See [Appendic1](#) : Detail of the map around the venue (B))

8. After crossing the finish line (final line)

◆Competitors shall follow the instructions of the officials after crossing the finish line.

9. Points of concern

◆Competitors must pay attention to the warning signs and fences on the course and pay attention to safety.

◆The caution signs and fences will be noted in the program.

10. Awards (awards based on rank)

◆The order of arrival at the finish line will be used to determine the winner.

◆Awards will be given to the first through sixth place finishers in all events.

◆The first-place finisher in each citizens' race shall receive a champion jersey, certificate, cup, and extra prize.

◆The second through third place finishers shall receive a certificate, medal, and extra prize.

◆Fourth through sixth place finishers will receive certificates and extra prizes.

※The top three finishers will be awarded on a special stage at the Nago City Indoor Sports Ground. (The top three finishers must be at the stage 15 minutes prior to the award ceremony.)

Those who do not present their awards at the awards ceremony may be subject to disqualification or demotion.

Other 4th to 6th places will be awarded at the Awards Center (Nago City Indoor Sports Ground).

11. Sprint Award (Given by Mayor of Passing Municipality Award)

(1) The first-place finisher to pass through a designated point (barrier) in a city, town, or village will receive a sprint prize (a certificate and a local specialty from the municipality) from the mayor of that city, town, or village.

The sprint prize (certificate and municipal specialties) will be awarded by the mayor of the municipality. (This does not include elementary school races.)

(2) Location of sprint awards (signboards and white lines)

Award Name	Location	Distance
Motobu Town, Nakijin Village Mayor Award	Motobu Checkpoints (200km and 50km events)	20.0km
Kunigami Village, Ogimi Village Mayor Award	Oku Checkpoints (200km, 140km events)	100.0km
Nago City, Higashi Village Mayor Award	Miyagi Checkpoints (200km, 140km, 100km events)	161.0km

12. Mountain Award (Eligible events: Citizens' Race 200km, 140km, 100km)

◆The first rider to pass the designated mountain point (the summit of Mt. Terukubi) will receive the mountain prize.

(1) Events: In the Men's Champion Race, first place will be determined by the total of the first and second races.

(2) Event: Citizens' Race 200 km, Citizens' Race 140 km

*Each race will have two mountain prizes, each of which will be awarded with a certificate and a supplementary prize (Yanbaru set).

13. About Riding

◆In principle, competitors must drive on the left side of the road due to the presence of emergency vehicles and judges' vehicles during the competition. (If it is unavoidable (for safety reasons) to drive on the right side of the road, the competitor must not obstruct the driving of emergency vehicles or judges' vehicles.)

◆If a competitor runs on the right side of the road, he/she may be disqualified or demoted.

◆In the event that a competitor is allowed to run mixed with another category, the prize winner shall be subject to disqualification and demotion.

14. Penal regulations

◆As a special rule of this competition, any competitor who violates the competition rules or fails to follow the instructions of the competition officials may be disqualified from participating in future competitions.

15. Objection

◆Objections must be submitted in writing and accompanied by a deposit (3,000 yen). (If the appeal is accepted, the deposit will be refunded. Ignorance of the rules is not grounds for an appeal.)

An appeal must be filed within 30 minutes after the preliminary race report is displayed. Any disqualification after that time will be accepted up to 30 minutes from the time of the notice. Appeals received after this time will not be accepted.

16. Notification of After-the-fact Changes

◆Any new changes, such as gate closing times, will be announced on the event website.

17. Manners during competition

◆Competitors are subject to disqualification or demotion if they violate their manners in front of the public (spectators) during the race, especially if they commit indecent acts (urinating in public, etc.).

◆Competitors are prohibited from littering bottles, etc. outside of the refueling area designated by the organizer, and any other acts of discarding trash on the course will result in disqualification or demotion.

※These guidelines and rules are subject to change without notice.