

Yanbaru Century Ride 2023 Appendix①

To enhance the safety and sustainability of the event, we have set specific time limits at each checkpoint from this year. This meticulous scheme aims to optimize the deployment of event officials.

We kindly request all participants to cooperate by following the instructions from the staff, such as changing routes or being directed to the collection trucks, when approached.

Your cooperation is greatly appreciated for the smooth conduct of the event.

The minimum average speed required to complete the Yanbaru Century Ride is

20km/h more

*Rest breaks of 10 minutes or less at each rest point and 30 minutes or less at the lunch point.

Based on the aforementioned speed, our staff will approach you at the following points.
If you are approached, please follow the instructions given.

The location numbers refer to the table on the attached sheet titled
"Passing Time Limits and Rest Areas."

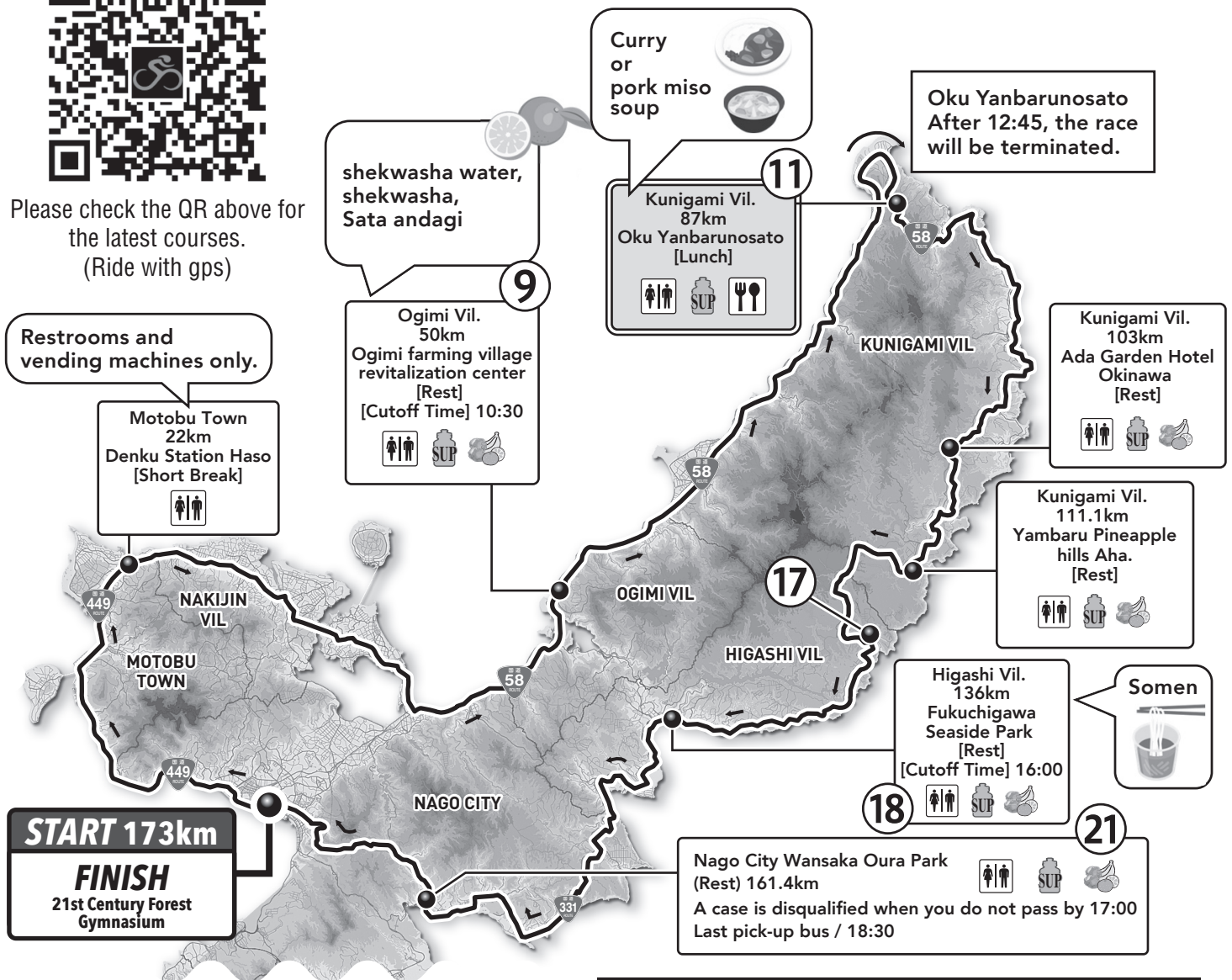
Location	Distance	Guidance details
(9) Ogimi farming village revitalization center	50.8km	After 10:30, If it's terminated, please remove your bib and return to Nago. Alternatively, you can board the retrieval vehicle to return to Nago. *In case of retirement, the staff will distribute lunch vouchers at the Nago venue.
(9)~ Ogimi farming village revitalization center ~ (11) Oku Yanbaru no Sato	50.8km ~ 86.7km	Participants who missed the time limit will board the collection vehicle after being instructed to stop. (Participants will get off the bus for lunch at the lunch site.) If you are still at Oku Yanbarunosato after 12:45, either board the retrieval vehicle or retire by removing your bib. Head back to Nago in the west direction.
(11)~ Oku Yanbaru no Sato (17) Takae Kyodo-baiten	86.7km ~ 123km	Participants who missed the time limit will board the collection vehicle after being instructed to stop.
(18) Fukuchigawa Seaside Park	136.1km	After 16:00, the race will be terminated. Participants who missed the time limit will board the collection vehicle after being instructed to stop.
(18)~ Fukuchigawa Seaside Park (21) Wansaka Oura Park	136.1km ~ 161km	Participants who missed the time limit will board the collection vehicle after being instructed to stop.
(21) Wansaka Oura Park	161km	After 17:00, the race will be terminated. Participants who missed the time limit will board the collection vehicle after being instructed to stop.

Collected bicycles will be handed over at the bicycle exchange counter at Nago Civic Hall after 19:00.

Yanbaru Century Ride 2023 Appendix ②



Please check the QR above for the latest courses.
(Ride with gps)



Restrooms and vending machines only.

Motobu Town 22km
Denku Station Haso [Short Break]
[Toilet icon]

Ogimi Vil. 50km
Ogimi farming village revitalization center [Rest]
[Cutoff Time] 10:30
[Toilet, Hydration, Supply icons]

Curry or pork miso soup
Kunigami Vil. 87km
Oku Yanbarunosato [Lunch]
[Toilet, Hydration, Lunch icons]

Oku Yanbarunosato
After 12:45, the race will be terminated.

Kunigami Vil. 103km
Ada Garden Hotel Okinawa [Rest]
[Toilet, Hydration, Supply icons]

Kunigami Vil. 111.1km
Yambaru Pineapple hills Aha. [Rest]
[Toilet, Hydration, Supply icons]

Higashi Vil. 136km
Fukuchigawa Seaside Park [Rest]
[Cutoff Time] 16:00
[Toilet, Hydration, Supply icons]

Somen
[Somen icon]

Nago City Wansaka Oura Park (Rest) 161.4km
A case is disqualified when you do not pass by 17:00
Last pick-up bus / 18:30
[Toilet, Hydration, Supply icons]

Rest area/pause Lunch venue

[Toilet icon] Toilet [Hydration icon] Hydration [Supply icon] Supply [Lunch icon] Lunch [Footbath icon] Footbath

Approximate transit time limit

⑨/10:30 ⑨→⑪/10:30~12:45 ⑪→⑰/12:45~15:50
⑱/16:00 ⑱→㉑/16:00~17:00

About Lunch

In the Oku Yanbarunosato, you can choose between curry or pork miso soup for lunch. For those who cannot eat meat, we will prepare a vegetarian menu of rice balls and miso soup. If you wish to have a vegetarian menu, please let us know in advance by e-mail. We appreciate your cooperation in reducing food loss and ensuring the smooth operation of the event. Please send your e-mail to: tdo@moriken.okinawa
Please include the name of the participant who wishes to have a vegetarian menu and a statement that you wish to have a vegetarian menu.

Yanbaru Century Ride 2023 Passing time limits and rest areas

Please note that each aid point has a (⑥、⑨、⑪、⑬、⑯、⑱、㉑) open/close time.

No.	Transit (of a planet) over a given point in time	Distance/km	lead	Break	End of a line (queue)	Break	Time limit	Destination (of traveler's guide)	Remarks
1	Nago 21st Century Forest Gymnasium START	0	7:00		7:30		7:30	Going straight ahead	
2	Intersection in front of Tapik Stadium Nago	0.9	7:04		7:37		7:40		
3	The intersection in front of the family restaurant Gusto	1.7	7:06		7:40		7:45	Left turn	
4	Three-way junction at Motobu Ohashi (North side)	17.2	7:39		8:24		8:30		
5	Urasaki Intersection	19.0	7:43		8:31		8:35	Going straight ahead	
6	Denku Station Haso [Short Break]	22.2	7:55		8:46		8:55	Turn right to cross	Short Break
7	Three-way junction at LAWSON Nakijin Store	30.9	8:32		9:34		9:50	Left turn	
8	In front of Family Mart Makiya Store	39.0	8:34		9:37		9:55		
9	Ogimi farming village revitalization center [Rest]	50.8	8:59	5	10:00	10	10:30	Turn right to cross	Rest / Canceled after 10:30
After 10:30, the race will be terminated at Oogimi Roadside Station. In that case, please either board the retrieval vehicle heading towards Nago or remove your bib and make your way to Nago on your own.									
10	Beside the entrance of Ginama Tunnel	76.7	10:02		11:39		11:45	Left turn	
11	Oku Yanbarunosato [Lunch] Lunch time / 10:30 ~ 13:30	86.7	10:24	15	12:08	30	12:30	Turn right to cross	Lunch
For those who are still remaining after 12:45, we recommend retiring or removing your bib and making a U-turn to the west. Participants who cannot start by 13:30 will be terminated and transported by the retrieval vehicle.									
12	Restart	86.7	10:39		12:38		13:30	Right turn	
After the restart, staff will approach participants who couldn't meet the time limits at each checkpoint. Subsequently, collection will be carried out using recovery vehicles. Participants are expected to follow the staff's instructions.									
13	Ada Garden Hotel Okinawa [Rest]	103.0	11:15	5	13:26	10	13:30	Turn right to cross	Rest
14	Three-way junction at Ada *Route 2 Entrance	104.8	11:25		13:42		13:45	Pass through	
15	Aha Kyodo-baiten	108.5	11:35		13:54		14:20	Turn right to cross	Short Break
16	Yanbaru Pineapple hills Aha [Rest]	111.2	11:43	5	14:05	10	14:30		Rest
17	Takae Kyodo-baiten	123.0	12:26		15:08		15:50	Left turn	Short Break
18	Fukuchigawa Seaside Park [Rest]	136.1	12:37	5	15:23	10	15:55	Left turn	Rest / Canceled after 16:00
After 16:00, please follow the instructions to terminate at (18) / move by collection vehicle.									
19	Arume junction	143.3	12:59		15:56		16:05	Going straight ahead	
20	Three-way junction at Oura	160.8	13:37		16:47		16:50	Pass through	
21	Wansaka Oura Park [Rest]	161	13:40	5	16:50	10	17:00		Canceled after 17:00 / Last pick-up 18:30
After 17:00, please follow the instructions to terminate at (21) / move by collection vehicle.									
22	Three-way junction at Oura	161.5	13:45		16:50		17:00	Left turn	
23	Three-way junction in front of Orion Beer	170.7	14:07		17:20		17:30	Going straight ahead	
24	Three-way junction in front of Nago Museum	171.0	14:07		17:21		17:35		
25	Agarie 1-chome intersection	171.1	14:07		17:21		17:40	Right turn	
26	Nago 21st Century Forest Gymnasium GOAL	172.4	14:10		17:25		18:00	Finish (Finisher's prize registration closes at 18:00.)	
			27km/h		20km/h				