

# General Information for Participants of Tour de Okinawa (and Associated Cycling Events)

Thank you for applying for the Tour de Okinawa 2016.

Please read the following information carefully and be prepared for your event.

## 1. About Confirmation Tickets



※At race packet pick-up, you need to show your confirmation ticket to the staff at the pick-up counter in order to receive race numbers, transponder, etc.

Please make sure that you bring the ticket. Reissuing the set of tickets will cost you an extra ¥500.

## 2. EVENT SCHEDULE (Map of underlined locations attached.)

<b>November 11<sup>th</sup> (Friday)</b>		
15:00~20:00	Pick up Confirmation of Participation Packet at <u>Nago Gymnasium</u> Ie Island Family Cycling Touring Around Okinawa Island Course Yanbaru Century Ride Cycling Tour for Izena Island Challenge Cycling	
15:30~16:30	Briefing (Session 1) at <u>Nago Gymnasium</u> Touring Around Okinawa Island Course Yanbaru Century Ride	You could attend either one.
18:30~19:30	Briefing (Session 2) at <u>Nago Gymnasium</u> Touring Around Okinawa Island Course Yanbaru Century Ride	
<b>November 12<sup>th</sup> (Saturday)</b>		
06:00~06:30	Assemble at <u>21<sup>st</sup> Century Forest Gymnasium</u> (Appendix 1 See area map III)	
07:00	Start Ie Island Family Cycling Touring Around Okinawa Island Course Yanbaru Century Ride Izena Island Cycling	
07:30	Challenge Cycling	
12:00~18:00	Pick up Confirmation Packet for Onna Family Cycling at <u>Nago Gymnasium</u>	
16:00~18:00	【Opening Ceremony】 at <u>Nago Gymnasium</u>	
16:00~19:00	Finish Ie Island Family Cycling, Challenge Cycling, Yanbaru Century Ride	

## November 13<sup>th</sup> (Sunday)

06:45 Start  
06:50 Men's Champion Race 210km  
06:55 Citizen's Road Race 50km (Over 50)  
07:00 Citizen's Road Race 50km for Women  
07:09 Depart Road Race Spectator Bus Tour by Nago Tennis Court  
07:09 Citizen's Road Race 50km (40s)  
07:18 Jr. High Students Road Race 50km  
07:27 Citizen's Road Race 50km (30s)  
07:35 Citizen's Road Race 50km (under 29)  
07:47 Citizen's Road Race 210km

Approx. 14:00 Finish Rearmost Riders of Road Race at 21<sup>st</sup> Century Gymnasium  
14:30~ Finish Onna Family Cycling  
Finish Touring Around Okinawa Island Course at 21<sup>st</sup> Century Gymnasium  
Other Cycling Categories will begin to finish at 21<sup>st</sup> Century Gymnasium  
15:00~17:00 【Closing ceremony and Social Gathering at Nago Indoor Gymnasium】

### 3. Packet Pick-up

There will be absolutely no packet pick-up on the race day.

·Place: Nago Indoor Gymnasium

November 11<sup>th</sup> (Fri) 15:00~20:00

Around Okinawa Cycling, Yanbaru Century Ride, Ie Island Family Cycling,  
Iheya Island Cycling, Challenge Cycling

November 12<sup>th</sup> (Sat) 12:00~18:00

Onna Village Family Cycling, Bus Tour for Road Race Spectators

### 4. Certificate of Completion

- Receive your Certificate of Completion at Ngo Gymnasium Award Center.
- The participants of Yanbaru Century Ride will be given Certificate of Completion at next to General Information place on November 12<sup>th</sup> Saturday.

### 5. Travel Notes

- Please carry your own health insurance card and ID in case of medical emergency.
- Please attach a baggage claim ticket to your baggage before checking it at baggage claim to avoid congestion.
- Aviation laws in many countries, including Japan, prohibit passengers to carry aerosol-type instant flat-tire fixer onto a passenger airline.
- Participants MUST assemble 30 min. before at their races' designated location. Late-comers will be left behind. Strict adherence to the timetable is requested.

\*All of participated in Okinawa with air plane, please refer to each airline's regulation.

Because the carry-on capacity of a mobile cylinder for tire flat repair is limited by Aviation law.

## 6. Access to the Main Event Site [Nago City Indoor Gymnasium]

### ▼By Bus:

- Express Bus (No.111) Board the bus at Naha Airport, get off at “Nago Shiyakusho” (Nago City Office).  
· Fare: ¥2,190 for Okinawa Bus or Ryukyu Bus. Total travel time: about 1H40M.
  
- Local Bus (No.120): Board the bus at Naha Airport, get off at “Hokubu Goudou Chosha Mae” (Okinawa Prefecture Office Complex), walk south about 5 minutes.  
· Fare: ¥1,940 for Okinawa Bus or Ryukyu Bus. Total travel time: about 2H30M.
  
- Local Bus (No.20): Board the bus at Naha Bus Terminal, get off at “Hokubu Goudou Chosha Mae” (Okinawa Prefecture Office Complex), walk south about 5 minutes.  
· Fare: ¥1,850 for Okinawa Bus or Ryukyu Bus. Total travel time: about 2H20M.

**【Notice】** Too much baggage may result in rejection from boarding the bus. It is recommended that you have baggages like bike bags delivered to the place of your stay prior to your arrival.

### ▼By Car:

Toll Road: Enter Naha Airport EXPWY at Naha Airport, Exit at Kyoda. Continue driving north till you reach Nago Fishing Port. Total travelling time: about 1H20M (about 80 km)

### ▼By Foot:

Nago Fishing Port (parking space)→ Registration Site <Nago City Indoor Gymnasium> (about750m)

## 7. Access to Kunigami Village (Hentona) <Events of 140 km and 100 km>

### ▼By Taxi:

From Nago to Kunigami Village “JAL Private Resort Okuma” (about 30.5 km)

Fare: ¥5,000 – ¥6,000      Traveling time: about 45 minutes

[Tel: Nago Kyodo (0980) 52-3333]

[Tel: Marukin Taxi (0980) 52-5555]

[Tel: Kojin Taxi (0980) 53-3333]

### ▼Shuttle Bus Service

Nov. 12<sup>th</sup> (Sat)

Shuttle buses will run between Nago Civic Hall and hotels in Kunigami Village. See “Shuttle Bus Schedule” on [Appendix 2](#) for details.

Nov. 13<sup>th</sup> (Sun) <For all 100km races>

There is a shuttle bus/truck for riders and bicycles between JAL Private Resort Okuma to the starting point in front of ‘Oku Joint Shops’. Please refrain from moving by car and use the transportation bus instead.

**There will be no shuttle bus service from Nago to the starting point in Kunigami Village available on the race day. Also, there will be no shuttle bus service available after the finish. If you continue staying at a hotel in Kunigami, you need your own transportation from Nago to Kunigami.**

### ▼If you have your own vehicle or are renting a car

**<For all 140km, 100km races>**

Please park your car at the designated parking lot at “Kuina Eco-Sport Recreation Park (Kunigami Athletic Field)” <free of charge>.

The parking lot at “JAL Private Resort Okuma” is a pay parking lot.

**<For all 140km races>**

The distance from the parking lot to the starting point <Kunigami Village Depot> is 1.0 km.

**<For all 100km races>**

There is a shuttle bus/truck for riders and bicycles from Kunigami Village <JAL Private Resort Okuma> to the starting point <In front of Oku Kyodobaiten>.

Please load the bike onto the designated cargo truck and get on the bus **by 6:15 AM**.

The distance from Kunigami Athletic Field to <JAL Private Resort Okuma> is 1.0 km.

**【Tour de Okinawa 2014】**

**Touring Division**

- ① Touring Around Okinawa Island Course
- ② Yanbaru Century Ride
- ③ Cycling Tour of Izena Island
- ④ Ie Island Family Cycling
- ⑤ Challenge Cycling Course
- ⑥ Onna Village Family Cycling
- ⑦ Barrier-Free Cycling

Touring Division is not a competition for time or speed.  
Please have a safe ride and aim for completion.

**■ Event Regulations and Notes**

**1 Follow the Japanese Traffic Rules:**

- The Touring Division – the above listed categories - is not a competition and will not be timed.
- Courses are not under traffic control.
- Public roads are used for the race; please do not chase or interrupt other riders. Please maintain a single file formation while riding.
- Please observe the traffic signals as well as stop signs and come to a complete stop at red lights.
- To prevent obstruction of traffic, accompanying/support vehicles are prohibited.

**2 Directions Given by Staff:**

- Please do not pass the pace car. (Tour de Okinawa staff cannot help in the event of an accident or provide aid at aid/support stations.)
- You will be asked to stop riding if staff considers your behavior to be dangerous.

**3 Maintenance of your bicycle.**

- It is your responsibility to maintain your own bicycle or to have a bike mechanic at a bike shop maintain your bike for you. A poorly maintained bicycle should not be used for the cycling.
- While on the course, all necessary repairs will be performed by the rider. The support car will not stop.
- While cycling, you must wear a bicycle helmet.

- Bicycles should be equipped with lights and reflectors. Please use them during early morning and evening hours and while in tunnels.

#### **4 About On Course Accidents:**

- In the event of an accident, staff will provide emergency aid but afterward it is the responsibility of the rider to seek appropriate medical care.
- If you wish to retire, please follow staff instructions.

#### **5 Distribution of the prize for completion**

- After finish, a prize will be distributed for completion, in the competition site.

◇ It is advised to bring sufficient snacks to avoid medical problems and performance issues associated with extreme hunger.

◇ The course follows public roadways so be cautious of oncoming and passing traffic.

Please observe Event Regulations and Notes.