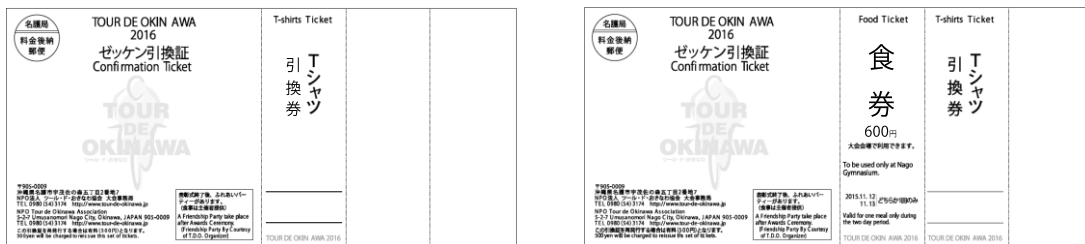


Thank you for applying for “Tour de Okinawa 2016.”
Carefully read the following information and prepare yourself for the event.

1. About Confirmation Ticket



※At race registration and packet pick-up on Nov. 12th (Sat), you need to show your confirmation ticket to the staff at the pick-up counter in order to receive race numbers, transponder, etc.

Please make sure you bring your confirmation ticket. Reissuing the set of tickets will cost you an extra ¥500.

2. Confirmation of Participation

<Citizen 210km Road Race, Citizen 50km Road Race>

On the race day, the transponder will be affixed to your bike and will automatically start as you cross the start line, confirming your actual participation to the road race.

<Citizen 140km Road Race, Citizen 100km Road Race>

On the race day, tear off the “Entry Card” portion of your race ticket and put it in the entry card box near the start line to prove your participation.

※Return the transponder after you finish the race. (¥5,000 will be charged if not returned.)

3. Competition Schedule (Summary)

November 12th (Saturday)

- 07:00 Start
 - le Island Family Cycling
 - Touring Around Okinawa Island Course
 - Yanbaru Century Ride
 - Izena Island Cycling
- 07:30 Challenge Cycling
- 12:00-18:00 Pick up Confirmation of Participation Packet at Nago Indoor Gymnasium
- 16:00-18:00 Opening Ceremony at Nago Indoor Gymnasium
- 16:00-19:00 Yanbaru Century Ride- Finish at 21st Century Forest Gymnasium
- le Island Family Cycling - Finish at 21st Century Forest Gymnasium

November 13th (Sunday)

- There will be no absolutely packet pick-up on the race day.
- 06:45 Start Men’s Champion Race 210km from near Nago Indoor Gymnasium
- 06:55 Start Citizen’s Road Race 50km (Over 50) from near Nago Indoor Gymnasium
- 07:00 Start Citizen’s Road Race 50km for Women from near Nago Indoor Gymnasium
- 07:00 Depart Road Race Spectator Bus Tour in front of Labor welfare center
- 07:10 Start Citizen’s Road Race 50km (Under 29) from near Nago Indoor Gymnasium
- 07:20 Start Citizen’s Road Race 50km (40s) from near Nago Indoor Gymnasium
- 07:28 Start Citizen’s Road Race 50km (30s) from near Nago Indoor Gymnasium
- 07:30 Start Male Jr. High Students Road Race 50km from near Nago Indoor Gymnasium
- 07:47 Start Man’s Citizen’s Road Race 210km from near Nago Indoor Gymnasium
- 07:50 Start Barrier-Free Cycling from near Nago Indoor Gymnasium
- 08:00 Start Onna Village Family Cycling from near Nago Indoor Gymnasium
- 08:12~09:30 Finish 50km Road Races as follows at 21st Century Forest Gymnasium

Continues November 13th (Sunday)

Approx. 09:05 Start Citizen's Road Race 140km from Road Station Yui Yui Kunigami
Approx. 09:05 Start Kid's Race 10km from Nakao CHECK-POINT
Approx. 09:30 Start Jr. International Road Race from Road Station Yui Yui Kunigami
Approx. 09:45 Start Lady's International Road Race from Oku Yanbaru no Sato
Approx. 10:00 Start Citizen's Road Race 100km (Over 40) from Oku Yanbaru no Sato
Approx. 10:30 Start Citizen's Road Race 100km (Under 39) from Oku Yanbaru no Sato
11:00 Awards Ceremony for all 50km races at 21st Century Forest Gymnasium
12:00~13:00 Finish Men's Champion Road Race 210km at 21st Century Gymnasium
Other race categories will begin to finish
Approx. 14:30 Finish Rearmost Riders of Road Race at 21st Century Gymnasium
14:50 Arrive Road Race Spectator Bus Tour at 21st Century Gymnasium
15:00~ Finish Touring Around Okinawa Island Course at 21st Century Gymnasium
Other Cycling Categories will begin to finish at 21st Century Gymnasium
15:00~ **【Closing ceremony and Social Gathering at Nago Indoor Gymnasium】**

In the event of unexpected schedule changes, changes will be announced at the opening ceremony and/or included in an updated event program.

Please check the official WEB SITE for more details. www.tour-de-okinawa.jp

4. Participants Registration Registration on the race start day is not allowed.

- Date: November 12th (Sat) 12:00-18:00
- Place: Nago City Indoor Gymnasium

5. Attention

- ※Please take along your health insurance card (or a copy of the card) with you.
- ※Affix a baggage-claim tag on your baggage before you bring it into the Baggage Keeping Area.
- ※**If you are traveling from outside Okinawa to participate, please note that aviation laws limit the capacity of flat tire repair aerosols that you can take into the airplane. Please check the specific information with your airline company.**

6. Access to the Main Event Site [Nago City Indoor Gymnasium]

▼By Bus:

- Express Bus (No.111) Board the bus at Naha Airport, get off at "Nago Shiyakusho" (Nago City Office).
·Fare: ¥2,190 for Okinawa Bus or Ryukyu Bus. Total travel time: about 1H40M.
- Local Bus (No.120): Board the bus at Naha Airport, get off at "Hokubu Goudou Chosha Mae" (Okinawa Prefecture Office Complex), walk south about 5 minutes.
·Fare: ¥1,940 for Okinawa Bus or Ryukyu Bus. Total travel time: about 2H30M.
- Local Bus (No.20): Board the bus at Naha Bus Terminal, get off at "Hokubu Goudou Chosha Mae" (Okinawa Prefecture Office Complex), walk south about 5 minutes.
·Fare: ¥1,850 for Okinawa Bus or Ryukyu Bus. Total travel time: about 2H20M.

【Notice】 Too much baggage may result in rejection from boarding the bus. It is recommended that you have baggages like bike bags delivered to the place of your stay prior to your arrival.

▼By Car:

Toll Road: Enter Naha Airport EXPWY at Naha Airport, Exit at Kyoda. Continue driving north till you reach Nago Fishing Port. Total travelling time: about 1H20M (about 80 km)

▼By Foot:

Nago Fishing Port (parking space)→ Registration Site <Nago City Indoor Gymnasium> (about750m)

7. Access to Kunigami Village (Hentona) <Events of 140 km and 100 km>

▼By Taxi:

From Nago to Kunigami Village “JAL Private Resort Okuma” (about 30.5 km)

Fare: ¥5,000 – ¥6,000 Traveling time: about 45 minutes

[Tel: Nago Kyodo (0980) 52-3333]

[Tel: Marukin Taxi (0980) 52-5555]

[Tel: Kojin Taxi (0980) 53-3333]

▼Shuttle Bus Service

Nov. 12th (Sat)

Shuttle buses will run between Nago Civic Hall and hotels in Kunigami Village. See “Shuttle Bus Schedule” on [Appendix 2](#) for details.

Nov. 13th (Sun) <For all 100km races>

There is a shuttle bus/truck for riders and bicycles between JAL Private Resort Okuma to the starting point in front of ‘Oku Joint Shops’. Please refrain from moving by car and use the transportation bus instead.

There will be no shuttle bus service from Nago to the starting point in Kunigami Village available on the race day. Also, there will be no shuttle bus service available after the finish. If you continue staying at a hotel in Kunigami, you need your own transportation from Nago to Kunigami.

▼ If you have your own vehicle or are renting a car

<For all 140km, 100km races>

Please park your car at the designated parking lot at “Kuina Eco-Sport Recreation Park (Kunigami Athletic Field)” <free of charge>.

The parking lot at “JAL Private Resort Okuma” is a pay parking lot.

<For all 140km races>

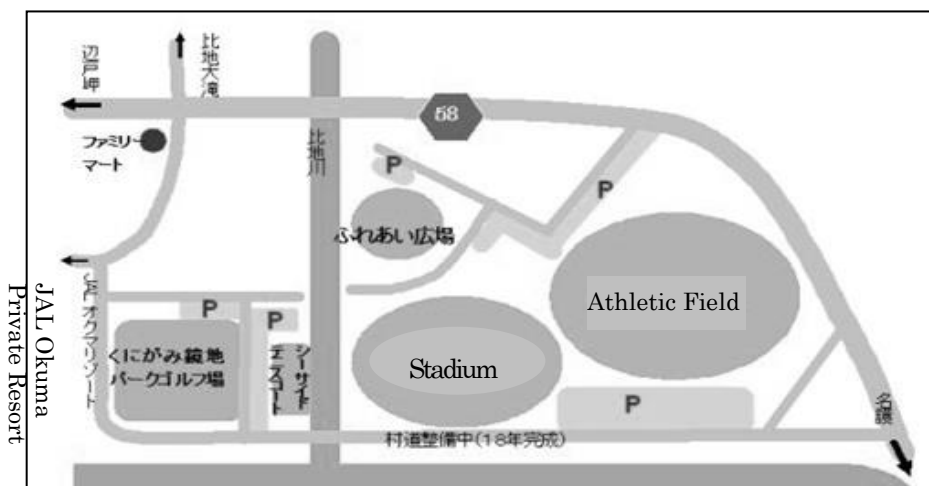
The distance from the parking lot to the starting point <Kunigami Village Depot> is 1.0 km.

<For all 100km races>

There is a shuttle bus/truck for riders and bicycles from Kunigami Village <JAL Private Resort Okuma> to the starting point <In front of Oku Kyodobaiten>.

Please load the bike onto the designated cargo truck and get on the bus **by 6:15 AM**.

The distance from Kunigami Athletic Field to <JAL Private Resort Okuma> is 1.0 km.



Cycling Sports Competition for Citizens: Rules for Road Races

Tour de Okinawa will be held in accordance with rules established by JCF (Japan Cycling Federation).

Time limits are established at several points throughout the race course and riders will be eliminated from the race if they fail to go through those points by those specified times.

1. Riders' rights and responsibilities:

- ◆ Follow the race regulations and the Traffic Law of Japan.
- ◆ Riders who cause damages to others' or public properties are liable for the damages even during the race.
- ◆ Enter the race with a bicycle which has been well-maintained.
- ◆ Riders may lend, borrow or exchange foods, drinks, tools, bicycle parts, etc.
- ◆ Riders may take advantage of services provided by the organizer's neutral cars.
- ◆ Have words and conducts of sportsmanship all the time.

2. Refreshments

- ◆ Refreshment shall be supplied at fixed feeding stations, located at two points below:

Place	Citizen210km Races	Citizen140km Races	Citizen100km Races	Citizen50km Races
Fukugawa Dam 1 st	○ 82km point	/	/	/
Fukugawa Dam 2 nd	○ 134km point	○ 70km point	/	/
Gesashi Point	○ 174km point	○ 109km point	○ 65km point	/

- ◆ The organizer will provide water or energy drink at those stations:
(Plastic bottles with blue label: energy drink; without label: water)
- ◆ Discard the provided bottles at designated points

3. Neutral Vehicle

- ◆ The organizer provides neutral vehicle services (automobiles and motorcycles) that supply spare wheels. Spare wheels are of SHIMANO with 10 gears. Those who borrowed a wheel must return the wheel and retrieve one's own wheel at "Bicycle Wheel Claim" ([Appendix 1](#) See area map (VII)) after the race, after the cargo truck has arrived at the area and 5:00 PM.
- ◆ Riders must change the borrowed wheel with one's own wheel on their own.

4. Dropping out or being eliminated from the race:

- ◆ Acts of pushing other riders are prohibited under any circumstance and failing to obey the rule will result in being eliminated from the race.
- ◆ Riders dropping out of the race must return their numbers to a race commissar.
- ◆ Organizer establishes several control gates—those gates are called or written as "check points in some other documents—and cut-off times are established at those gates. Failing to pass through each of the gates before those times will result in being eliminated from the race. Disqualified riders must not continue riding back to the finish line.
- ◆ Disqualified riders must follow the commissars' directions to pull over, and return one's numbers and transponder.

◆ Riders who are disqualified at a control gate will be picked up by a broom wagon which will take those riders back to the race head quarters; so when you are eliminated from the race, stop competition and wait for the broom wagon to pick you up. Your bicycle will be loaded and transported by a cargo truck dispatched by the organizer. Retrieve your bicycle at “Bicycle Claim” (Appendix 1 See area map (V)) after the race, after the cargo truck has arrived at the area and 5:00 PM.

◆ Table of Cut-Off Times at each of Control Gates (or check points)

Place	Control Gate (Check Point)	Cut-Off Time	Citizen 210km Race	Citizen 140km Race	Citizen 100km Race	All Citizen 50km Races
Motobu Town	Motobu Butterfly Garden	8:30	○	—	—	○
Nakijinn Village	Nakijin Amesoko Otabaen Mae	9:05	○	—	—	○
Nago City	Nakao Iriguchi	9:20	○	—	—	○
Ogimi Village	Ogimi-son Municipality Office	9:35	○	—	—	—
Kunigami Village	Fukugawa Dam (1st)	10:20	○	○	—	—
Kunigami Village	Oku Kyodobaiten	10:45	○	○	—	—
Kunigami Village	Yona Check Point (2nd)	11:30	○	○	○	—
Kunigami Village	Fukugawa Dam (2nd)	12:00	○	○	○	—
Higashi Village	Miyagi Seeding Center	12:50	○	○	○	—
Nago City	Abu	13:35	○	○	○	—
Nago City	Kawakami	14:00	○	○	○	—

5. Handlebars:

◆ Riders shall wear a helmet and use Road Racer approved by JCF or by national federations of their own countries.

◆ Use of a bull-horn shaped handlebar, a clip-on handlebar or a flat bar is prohibited.

Not accept addition of attachments, only in a dropped handlebar. Also, brakes are not normal, a different in the inch before and after the tire and the disk wheel not accept.

6. Assembly and start:

◆ Rider must gather in front of Nago 21st Century Gymnasium 30 min. before the race starts. (Appendix 1 See area map (II))

◆ After arriving at the area, follow the directions of the race staffs to proceed to the start line.

◆ As for starting order, riders must line up in ascending order from left to right. The athlete's number number 50th assumes it a seeded player. The players except it line up on a first-come-first-served basis.

7. Affixing racing numbers, helmet numbers, frame numbers, and a transponder:

◆ Improper affixation of numbers is subject to penalties. Protests against the penalties will not be accepted.

◆ Frame numbers must be affixed on the front frame or seat post. As for helmet numbers, one number must be affixed on the front and two numbers on the sides.

◆ As for a transponder, Matrix Inc.'s automatic time measurement system will be used, so each rider must affix his transponder on the front fork. After the race is over, return the transponder at a designated place. (Appendix 1 See area map (VI))

8. After Crossing the Finish Line

◆After crossing the finish line, riders must follow the directions given by the race staffs and return to Nago fishery port. If you park your car at the port, load your bicycle on to your car and wait till the awards/closing ceremony to start at Nago public market's parking space. There will be no space for you to park your bicycle in the down town, so walk from the port to the market.

9. Points to be careful about:

- ◆Riders must ride safely, paying attention to warning signs and guard fences.
- ◆Refer to event booklet for points to be careful about. If there is a new point, the organizer will publicize it at the opening ceremony.

10. Awards (Top finishers will be awarded in order of results)

- ◆The organizer presents a champion jersey, a cup, a certificate and an extra prize to 1st finisher.
- ◆The organizer presents a certificate, a medal and an extra prize each to 2nd to 3rd finishers.
- ◆The organizer presents a certificate and an extra gift to each 4th, 5th and 6th finishers.

***The 1st through 3rd finishers will be awarded on the podium while 4th through 6th finishers will be awarded at "Awarding Center." The 1st through 3rd finishers must gather in the stage by 15 minutes. The person who does not attend is disqualified and may be demoted**

11. Sprint Award (Municipality Mayors' Awards)

- ◆A rider who passed a Sprint Point in first place will be awarded with Spring Prize, a certificate and an extra prize from a mayor of each of those municipalities below. Each spring point will be indicated with a signboard and white line.
- ◆Special Prize Points

Prize Name	Points where prize is set up	Distance
Prize by the Mayors of Motobu Town and Nakijin Village	Motobu CHECK POINT	20.0 km
Prize by the Mayors of Higashi Village and Ogimi Village	Higashi Village CHECK POINT	161.0 km
Prize by the Mayors of Nago City and Kunigami Village	Nago City Abu CHECK POINT	183.4 km

12. Hill Climb Awards:

- ◆Riders who passed the hill climb points in the first place will be awarded with a hill climb award, a certificate and an extra prize.
- ◆Points of hill climb awards:
Near summit of Mt. Terukubi point (1st) and (2nd time).
- ◆Citizen 210km Race and Citizen 140km Race riders who passed the hill climb points in the first place will be awarded with a hill climb award twice, a certificate and an extra prize.

13. Penalties:

- ◆Failing to follow the rules and regulations for the citizens' road races may result in being penalized with being degraded or disqualified based on decisions made by commissaires. Protesting against the penalties will not be accepted under any circumstances.

14. Traffic Lanes:

- ◆As for the use of traffic lanes, priorities will be given to emergency vehicles and commissaire vehicles: when riders see such vehicles, they have to travel the left side of the lane. If it is not safe traveling the left side and riders have no choice but traveling the right lane, follow the directions given by the commissaires and use the right lane. After passing the unsafe section of the course, go back to the left lane.
- ◆Traveling on the right lane all the time may result in being eliminated from the race or downgraded.

15. Notifications of changes in rules and regulations hereby:

- ◆In the event of unexpected schedule changes, changes will be announced at the opening ceremony and/or included in an updated event program.

16. Race manners:

- ◆Based on the 2nd paragraph of article 6 and the 5th paragraph of article 36 of JCF regulation, lack of manners in public, especially such indecent behaviors as urination in public, may result in being disqualified or downgraded.

***These guidelines and rules may change without a previous announcement.**